

## Got a Root Canal Treatment done today!!

## Depending on severity of infection Root Canal Treatment may take single to multiple visits.

The procedure begins with profound numbing of the tooth. Dentist will place Latex-free rubber dam sheet to isolate the tooth and prevent contamination of root canal systems and also to protect you from the chemical irrigants and sharp instruments used during the procedure. Temporary filling or crown is placed in between the procedures. The numbing will wear off in couple of hours after the procedure. Avoid chewing on the same side until anesthetic wears off. If tooth is asymptomatic at start, you would not feel any discomfort between appointments. Depending on the infection at the start of the appointment flare-ups are not uncommon and you may have tooth ache or swelling in between appointments. Flare- ups are expected to heal but do take time.

## Immediate post visit soreness of tooth or tired jaw is also possible.

This is usually from the procedure itself and duration of the procedure. Give it a couple of days and take the pain medication as prescribed. You may also use some warm salt water rinse three times a day to reduce the discomfort.

Temporary filling may wear off in between appointments. If you are missing the entire temporary filling or the temporary crown please call our office to get it replaced. You may even have a bad taste.

Please do not wait for the next scheduled appointment.

## Continue with antibiotics if prescribed, even with no symptoms.

Since the tooth is very fragile after the treatment refrain from hard and sticky foods. And the tooth needs to be reinforced by either permanent crown or restoration to avoid future fracture of the tooth.

Please feel free to call us if you have any questions at 562.860.6626

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